

Top Tips for Parents

Supporting Your Child's Progress



1. Establish a Consistent Routine

Create a regular daily routine that includes time for homework, reading, rest, and free play. Consistency builds security and supports focus.

2. Create a Positive Learning Environment

Set up a quiet, tidy, and distraction-free space for learning at home. A well-lit, calm area helps your child stay engaged and motivated.

3. Celebrate Small Wins

Praise effort, not just results. Recognising progress—no matter how small—boosts confidence and encourages a growth mindset.

4. Stay Involved (but Don't Hover)

Show interest in what your child is learning. Ask questions, discuss school or tutoring sessions, and encourage them to explain their thinking.

5. Encourage Independent Thinking

Help your child to develop problem-solving skills by prompting rather than giving answers. Guide them with open-ended questions like, "What could you try next?"

6. Prioritise Reading

Read with your child regularly, even if they can read independently. Discuss stories, ask prediction questions, and talk about new words.

7. Use Everyday Learning Opportunities

Incorporate maths, reading, and writing into daily life—like cooking (measuring), shopping (money and budgeting), or writing lists and notes.

8. Set Realistic Goals Together

Work with your child to set achievable academic or personal goals. Break big tasks into smaller steps to maintain motivation and focus.

9. Be Patient & Stay Positive

Progress takes time. Show empathy when they're struggling and encourage them to keep going with phrases like "You're improving" or "Mistakes help us learn."

10. Stay in Touch with Educators

Maintain open communication with your child's tutor or teacher. Monthly check-ins help you understand how your child is doing and what they need next.